



# La Pueblita Living

CAMPUS  
OPENING  
DEC 2020

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### Opening Soon!

☼ We are currently accepting reservations for our Assisted Living and Memory Care communities located on the **La Pueblita** campus. If you or your loved one are seeking affordable, quality care and supervision, this would be a good time to learn more about **La Pueblita**.

We know how important it is to find the right place for seniors who are dependent on others for care, nutrition, exercise and social engagement. At **La Pueblita** we offer person centered care plans along with stimulating, engaging daily activities to create moments of joy in a social setting.

Contact one of our Senior Solutions Consultants to learn more at [info@lapueblita.com](mailto:info@lapueblita.com) or 376-688-1705 MX



Grand Entrance Photo



CASITAS HOMES

## Wine & Dine

We are so fortunate Eddie Osterland discovered **La Pueblita**. Eddie is not only one of our newest Gold Members, but we are looking forward to sharing his unique philosophies on entertaining with both food & wine at **La Pueblita**.

Eddie graduated from the Universitaire de Bordeaux with a degree in professional wine tasting. Following that he went on to London and in 1973 became the first Master Sommelier in the United States. Eddie lived in Honolulu for 10 years and after an exhaustive worldwide search, discovered **La Pueblita**. He said: "Bingo"... This is actually like Hawaii at a discounted price.

Welcome home *Eddie*



Meet **Eddie Osterland**

## COVID-19

### CONVERSATIONS

#### PREVENTION:

**La Pueblita** is taking serious steps to prevent and manage COVID or other contagions for our community of vulnerable seniors. To date, sources tell us Lake Chapala area has not been affected by COVID, but we are prepared!

#### PROTECT:

Currently, our Medical Director is working on the development of COVID guidelines and protocol for our staff and each department with specific procedures and hygiene standards as it relates to each service or activity provided to our residents.

#### PROVIDE:

Each month we will provide you with updates so you will be well advised of our Prevention Plan and Best Practices.

## MEDICAL COSTS IN MEXICO

Many Expats and other foreigners have concerns about the cost of emergency medical care and common surgical procedures if they decide to make **La Pueblita** a **Forever Home**. Mexico offers "state of the art" medical services at a fraction of the cost in the USA. As a member of **La Pueblita** we also offer deeper discounts depending on your membership choice. Here are a few examples of common surgery costs in Guadalajara:

#### USA AVERAGE COST

Heart Bypass	\$123,000.00
Hip Replacement	\$40,300.00
Knee Replacement	\$35,000.00

#### GUADALAJARA COST

Heart Bypass	\$25,000 — \$33,000
Hip Replacement	\$9,000 — \$14,000
Knee Replacement	\$9,000 — \$11,000

Our Gold and Platinum Members will receive additional discounts. Discounted Rehabilitation services at **La Pueblita** are also available.



### TESTIMONIAL:

Lydia Ricaud, is one of our Gold Members who has decided to make **La Pueblita** her new **Forever Home with Forever Friends!**

Lydia says:

**"La Pueblita is my Golden dream, and it's coming true"**

I'm Mexican and I've lived all my life in Mexico City. I have always wanted to move some place peaceful and small with a nice view. When I visited Ajijic last year, I never imagined that trip would be a turning point in my life: I fell in love with the setting, the malecon, cobblestone streets with colorful facades, the stylish boutique and restaurants. The whole environment of Lake Chapala with the luminosity of the ever resplendent sky absolutely enchanted me.

The idea of living by myself far from my family, was complicated, but then, after seeing a few properties on sale, I found **La Pueblita**. This inspiring project has every thing I wished for and even more. I will have not only a nice view, but I'll see the spectacular sunsets over the lake, and the mountains all around Chapala. Plus the variety of services and activities for senior adults like me, who have independent, productive lives.

I will miss the hugs and kisses from my children and grandchildren, but we'll remain connected and look forward to enjoying their visits with me at **La Pueblita**. My sister and her husband also purchased a membership at **La Pueblita**, so we will be neighbors!



## MEMBER OF THE MONTH

We are expecting *amazing!*

## GOT THE QUARANTINE BLUES?

### TIPS ON HOW TO COPE INDOOR LIVING



1.

Use this time to clean and reorganize your home, closet, car or junk drawer.



2.

Take an on-line class and learn something new... Perhaps, a new language!



3.

Adopt a kitten or dog and add a four legged friend to your indoor life.



4.

Make a video of your home, garden, hobbies and send it to your family and friends.



[www.lapueblita.com](http://www.lapueblita.com)